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# 2nd FORTHM Annual conference 2025 - PRESENTER's badge



Badge Awarded to

**MYKHAILENKO Halyna**

This badge recognizes the attendee's valuable contributions, active involvement in the academic community, and significant input towards advancing knowledge and innovation in the field.

#conference #FORTHM #research

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## Issuer



**FORTHem**

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<https://www.forthem-alliance.eu>

## Criteria

### ***About the conference:***

**2nd Annual FORTHem Conference – Connecting Worlds of Science and Society** took place on **January 29-31, 2025**. It was organized and attended by the academic community of **9 universities** of the FORTHem Alliance:

- Jyväskylän yliopisto, Finland
- Université de Bourgogne, France
- Johannes Gutenberg-Universität Mainz, Germany
- Università degli Studi di Palermo, Italy
- Latvijas Universitāte, Latvia
- Universitetet i Agder, Norway
- Uniwersytet Opolski, Poland
- Universitatea Lucian Blaga din Sibiu, Romania
- Universitat de València, Spain

as well as *external partners of the FORTHem Alliance*.

### **General sessions:**

- Navigating the challenges and opportunities of diversity and migration
- Enhancing multilingualism and learning in schools and universities
- Ensuring safety, nutrition, and sustainability
- Shaping the future through digital transformation
- Climate Change and resource management: strategies for a sustainable future
- Cultural exchanges and integration in the 21st century Europe
- Improving life quality and resilience amid demographic shifts
- Art and Aesthetics as critical infrastructure in an uncertain world
- Preserving cultural heritage - balancing tradition and modernity
- AI-driven realities: embracing the future of human and machine synergy

### **Cross-disciplinary sessions specially targeted for Early-Stage researchers:**

- Social Sciences, Humanities and Arts: insights from next-gen researchers
- Natural and Life Sciences: insights from next-gen researchers

### **Conference in numbers:**

The conference spanned **3 days**, offering **12 thematic sessions** with over **100 presentations and posters**, totaling **15 hours** of engaging content attended by more than **350 participants**.

### **The recipient of this badge was selected based on fulfilling the following criteria:**

**1) Attendance:** The individual must have attended the conference sessions or events as well as at least one of the following:

**2) Active Participation:** Demonstrated engagement through asking questions, contributing to discussions, or participating in workshops.

**3) Contribution to Community:** Showcasing efforts to foster a sense of community by networking, collaborating with peers, or sharing insights.

**4) Feedback and Reflection:** Providing constructive feedback or reflections on the conference content or organization.

**additionally:**

**5) Knowledge Sharing:** Demonstrating knowledge sharing through presentations, posters, or discussions

**by presenting:**

**[MYKHAILENKO, Halyna]"Art and Aesthetics as Critical Infrastructure in an Uncertain World"**

within session

**"Art and Aesthetics as critical infrastructure in an uncertain world, chaired by Dr. Marius L. Igland (Universitetet i Agder, Norway) and Dr. Elżbieta Nieroba (Uniwersytet Opolski, Poland)"**

*For more information, please access the CONFERENCE PLATFORM <https://conferences.lu.lv/event/604/>*

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# **Art and Aesthetics as Critical Infrastructure in an Uncertain World**

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**Background:** The modern world faces global challenges, including conflicts, climate change, economic instability, and cultural polarization. In this context, art and aesthetics are not only tools for preserving cultural heritage but also serve as critical infrastructure for addressing social, economic, and emotional issues. Art helps individuals process traumatic experiences and adapt to shifting social and political realities, supporting spiritual well-being and contributing to the stabilisation of society.

**Aim:** This study aims to explore the role of art and aesthetics in overcoming social and emotional challenges associated with political and social instability. The research investigates how art contributes to the restoration of social bonds, supports the spiritual and cultural development of society, and aids in adapting to crises. It also examines the ability of art to reflect contemporary challenges and instability, positioning it as a key tool for societal adaptation.

**Methods:** Data was collected through a survey of 20 students from a corporate client (Yednist' group). The survey explored their perception of art as a tool for overcoming stress and trauma, as well as the role of visualization in emotional recovery. Feedback was gathered after participants viewed a presentation on British cultural heritage, providing context for discussing art as a tool for recovery in times of crisis.

**Results:** 90% of participants considered the use of art to overcome traumatic experiences to be successful. They highlighted that art enhances emotional resilience, improves psycho-emotional well-being, and shifts perceptions of the world. Visual and creative approaches proved to be effective in overcoming social barriers and trauma. 10% of participants, who do not frequently engage with art, acknowledged that working with artistic materials helped them find emotional resources through interaction with pets or loved ones, which played a key role in their recovery.

**Conclusion:** The study's methodology, integrating art into the process of overcoming social and emotional instability, was effective. Art and aesthetics act as critical infrastructure for strengthening societal resilience in times of uncertainty, helping to overcome personal trauma and reinforce social connections. Additionally, Art contributes to maintaining economic stability by creating a platform for restoring public order. This approach could potentially be integrated into government programs aimed at preserving social and cultural stability in times of crisis.

**Acknowledgements:** I would like to thank the Yednist' Group (participants) for their support. There are no conflicts of interest. The project was carried out without external funding, as part of my educational initiatives.

**References:**

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